



Awareness Guide to Prevent the Emerging Coronavirus **COVID-19** using Tawasol symbols





Methods of infection

- 1** Direct infection through volatile droplets from infected people during coughing or sneezing
- 2** Indirect infection by touching contaminated surfaces and tools, and then touching the mouth, nose, or eye
- 3** Direct contact with infected people
- 4** Having food without cooking it, especially meat and eggs



Symptoms of infection

Symptoms of Infection of the Coronavirus



Fever



Fatigue



Dry Cough



Aches and Pains



Nasal Congestion



Sore Throat



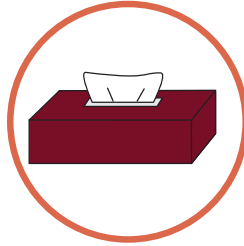
Difficulty Breathing



How to prevent infection



Regularly and intensively wash and clean hands with soap and water



Cover mouth and nose when coughing or sneezing



Cook meat and eggs well



Avoid direct contact with anyone who has symptoms of respiratory illnesses such as coughing and sneezing

The correct way to wash hands



1
Cover your hands with soap



2
Rub the palms



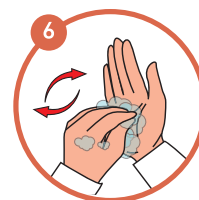
3
Rub the palms with the fingers interlaced



4
Place the fingers of the right hand with the palm of the left hand and rub the back of the fingers



5
Rub the thumb with the palm of the hand



6
Rub the right hand palm in a circular motion using the fingers of the left palm and vice versa



7
Rub the thumb with the palm of the other hand



When Coronavirus symptoms appear on the respiratory system

Suffering from respiratory symptoms and you were in one of the countries where corona cases were registered during the past two weeks?



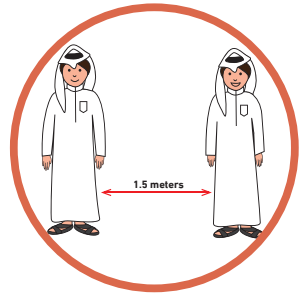
Wear medical mask



Stay at home



Contact the nearest health center if you have any of the symptoms



Keep a safe distance with others



تواصل
Tawasol

mada
مدى
digital access for all
نفاذ رقمي للجميع

For more information, please visit Tawasol
Symbols website at www.tawasolsymbols.org

